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**MANIFESTO**  
INTERNATIONAL BREAST CANCER DAY **2015**

# MANIFESTO 2015

## INTERNATIONAL BREAST CANCER DAY



We, the Spanish Breast Cancer Federation (FECMA) and its 41 affiliated associations, link **October 19 to the International Breast Cancer Day.**

We reiterate our **commitment to a health system of public management which offers personalized, multidisciplinary, comprehensive and quality care, of universal and free access**, financially supported by the progression of taxes and solidarity, which guarantees **a single, common Portfolio of Services**, regardless of its management entity, as an element of fairness and justice independent of where the patient lives; a system that manifests itself as an active instrument of social cohesion and equality, and sustainable over time as part of our welfare State

From the women - breast cancer patients associative movements, **we demand equality**, since we are part of this society as employees, professionals, housewives, entrepreneurs, civil servants, workers... and **we do not accept that life and health are accounted for as budget items.**

Once more, **we defend early detection programs** and maintain our goal to educate women and encourage their participation in screening campaigns.

As an important element in the prevention of diseases, including the oncologic ones, we believe in the need to **develop healthy living habits**, to do adequate physical exercise, **to eat healthily and to promote environmental care.**

**We support clinical trials which promote the active participation of the patient** in line with the European legislation (Regulation 536/2014) and in accordance with the Ethics Committees and The Spanish Agency for Medicine and Health Products (AEMPS). We insist on **the need to invest in research and innovation**, as higher survival rates are obtained by applying innovation and new knowledge.

Innovation will let us advance in reliable diagnostic methods, develop less aggressive and more effective therapies, have adequate medicines, overcome some of the adverse effects and ensure quality care.

**The avoidance of health inequalities and the promotion of equity** should represent an active strategic line from all the health administrations that manage the National Health System.

Equity means equal access to services, treatment and innovative drugs in an economically sustainable public system and also a homogeneous spending in all health administrations. **Our National Health System urgently needs to correct its funding disparities.**

Disparities can be corrected if political will is raised at the Ministry of Health, which has the exclusive competence of its coordination, and if there is loyalty and collaboration of the Autonomous Communities that manage health. **The Health System must not be an element of discord but a State common policy, because health protection is a constitutional right and an equal right for all.**

We are deeply concerned to know, through official data, that health spending has decreased between 2009 and 2013, a fact which has negatively influenced waiting lists, investment spending and health staff reduction.

As patients and healthcare users, **we believe in our National Health System and trust its professionals**, who have demonstrated their capability in these difficult times.

The Spanish Breast Cancer Federation (FECMA) and its federated patient associations consider it essential **that the governments formed after the last elections- and the ones to be established in the coming months- prioritize health** in their political agenda and put an end to the differences in patient care which take place depending on the Autonomous Community where they reside.

If our public health loses quality and the trust that is still maintained by users and patients, we will be attending to the beginning of the end of a right we thought consolidated, which does not eliminate the responsibility to respond to social and cultural changes in our society.

**An active and informed patient, empowered and autonomous in decision-making, will play a key part in the future of a sustainable and quality National Health System.**

We, the Spanish Breast Cancer Federation (FECMA), **consider unsatisfactory that a State Pact for Health has not been reached** which should shield its elements of public and universal health care, its sustainability, cohesion, adequacy, equity, financing and quality.

As in previous years, **our claims remain alive** to the right to a **second opinion**; to an objective, truthful, complete and understandable information; to security; to the **specific care of those women for whom fertility, motherhood and breast cancer are intertwined elements**; to the need for homogeneous and updated records of tumors; to the recognition of a **holistic view of the patient**; to attention to **labor problems**; to **psycho-social assistance**; to better management of **waiting lists**; to **physical rehabilitation**; to **palliative care**; to attention to the effects of **chronicity symptoms** and to **risk assessment of present hereditary cancer syndrome.**

We have seen the branch of a tree drop, the window of a house close and a grey cloud appear in the sky, but we have also witnessed the growth of the tree, the door of the house opening and how the cloud was far from influencing our horizons in life.