

## THE SPANISH BREAST CANCER FEDERATION

www.fecma.org

E-mail: info@fecma.org

### ASOCIACIÓN GALEGA DE MULLERES AFECTADAS POR CÁNCER DE MAMA «PUNTO E SEGUIDO»

Centro Cívico Eiris. C/ Terranova de Eiris, 7  
15009 A CORUÑA

Móvil: 676 568 914

e-mail: puntoeseguido@gmail.com

### ANÉMONA (Ámbito Actuación: MARINA BAJA)

C/ La Biga, 14  
03501 BENIDORM (Alicante)

Tel.: 865 680 385 • Fax: 965 853 175 • Móvil: 620 897 324

e-mail: info@anemonamarinabaixa.org

### ASOCIACIÓN D'AJUDA MÚTUA I LLUITA CONTRA EL CÁNCER DE MAMA L'OLIVERA

C/ Canal, 6 (sobre mercat Puigmercadal)  
08241 MANRESA (Barcelona)

Tel.: 938 752 311

(Lunes por la tarde)  
e-mail: olivera@ajmanresa.cat

### PICAM

Casal Cívico Molins del Rei. Calle Ca la Córdia, 5  
08750 MOLINS DE REI (Barcelona)

Tel.: 672 021 403 / 648 526 625

e-mail: picam@picam.eu

### AGAMAMA

Centro Municipal «Hermanas Mirabal»  
Plaza Real Hospital de la Segunda Aguada, s/n, 2.ª planta  
11012 CAZIV

Tel. y fax: 956 266 266

Móvil: 615 601 357

e-mail: agamama@agamama.org

### AMMCOVA

C/ Miguel de Castro, 100. 46003 VALENCIA

Móvil: 628 449 399

### ARIADNA / Asociación de dones en la lluita de les malalties del càncer de mama

C/ Metge Carreras 80, entlo., 3.ª  
08640 OLESA DE MONTSERRAT (Barcelona)

Tel.: 937 784 708

Móvil: 689 554 715

e-mail: associacioariadna@gmail.com

### ESPERANZA / Asociación de mujeres con cáncer de mama de la Axarquía

C/ Enrique Valdúken, 19  
29700 VELEZ-MÁLAGA (Málaga)

Tel.: 951 250 127 • Móvil: 744 488 831

e-mail: a.esperanza@hotmail.es

### ASOCIACIÓN SOLC / Associació Pel Suport i Ajuda en el Tractament del Càncer d'Alcoholícomarca

Convenio de colaboración con FECMA en todo lo relacionado con el Cáncer de Mama  
C/ San Doménec, 8, bajo  
03801 ALCOY (Alicante)

Tel. y fax: 965 545 053

Móvil: 625 817 685

e-mail: asociacion.solc@gmail.com / marce.solc@hotmail.com

### Asociación Oncológica Extremeña - AOEX

Convenio de colaboración con FECMA en todo lo relacionado con el Cáncer de Mama  
C/ Padre Tomás, 2  
06011 BADAJOZ

Tel.: 924 207 713

Móvil: 661 734 725 / 691 483 176

e-mail: info@aoex.es

### APAC Asociación Comarcal de Afectados por Cáncer

Convenio de colaboración con FECMA en todo lo relacionado con el Cáncer de Mama  
Maestro Chanzá, 14-B  
03400 VILLENAL (Alicante)

Tel.: 965 340 665

Móvil: 695 932 340

e-mail: info@apacvillena.org

### Asociación LUCHA Y SONRÍE POR LA VIDA de Pilas

Plaza de Belén 12 (Centro Comercial Plaza de Belén), local 1, bajo  
41840 PILAS (Sevilla)

Móvil: 658 915 577

e-mail: alusvi@gmail.com

### MACMA - Asociación de Mujeres afectadas de cáncer de mama de Aspe

C/ El Sol, 78. 03680 ASPE (Alicante)

Tel.: 685 548 222

### AMAC

C/ Puerta de Chinchilla 3, escalera derecha, 1.º C  
02008 ALBACETE

Tel.: 967 669 141

Móvil: 680 602 775 / 678 510 931

e-mail: amacalbacete@hotmail.com

### APAMM

C/ Abad Nájera, 3, local 2, bajo dcha.  
03002 ALICANTE

Tel.: 965 217 955

Móvil: 648 402 628

e-mail: apamm@apamm.es

### AMACMEC

C/ Olegario Domarc Seler, 93, entresuelo  
03206 ELICHE (Alicante)

Tel.: 965 447 552 • Móvil: 667 695 176

e-mail: info@amacmec.org

### AMAMA

C/ González Garbín, 17, entlo. 2  
04001 ALMERIA

Tel.: 950 245 124 • Móvil: 619 099 441

e-mail: amama.al@gmail.com

### Grup AGATA

C/ Tusset, 32-7e, 4a  
08006 BARCELONA

Tel.: 934 159 394

Móvil: 649 062 892

e-mail: info@grupagata.org

### GINESTA

C/ Pere el Gran, 32  
08720 VILAFRANCA DEL PENEDES (Barcelona)

Móvil: 639 280 708

e-mail: ginesta.vilafranca@gmail.com

### AMUCCAM

Centro Cívico M.ª Cristina. C/ General Dávila, 124  
39007 SANTANDER

Tel.: 942 225 354 • Móvil: 628 709 619

e-mail: amuccam@gmail.com

### ACMUMA

C/ Teniente Olmo, 2, 2.ª, puerta 8  
51001 CEUTA

Tel.: 956 514 515 • Móvil: 619 461 751 / 616 136 113

e-mail: acmuma@gmail.com

### SANTA AGUEDA

C/ Cuesta, 16  
13500 PUERTOLLANO (Ciudad Real)

Tel.: 926 413 109

Móvil: 656 489 184

e-mail: sagueda@gmail.com

### ROSAE

Avenida Primero de Julio, 46  
13300 VALDEPEÑAS (Ciudad Real)

Móvil: 615 112 169

e-mail: info@rosae.org.es

### KATXALIN

Edificio Txara, 1, sección Lankide. Paseo de Zarategui, 100  
20015 SAN SEBASTIÁN (Guipúzcoa)

Tel.: 943 245 608

e-mail: katxalin@katxalin.org

### AOCAM

C/ Antonio Machado, 2-A, local  
21007 HUELVA

Tel. y Fax: 959 812 345

Móvil: 659 781 169

e-mail: aocam@aocamhuelva.es

### ADIMA

C/ Alcalde Rovira Roure, 80  
25198 LLEIDA

Tel.: 973 167 141 • Móvil: 695 580 681

e-mail: adimalleida@gmail.com

### ALMOM

C/ Burgo Nuevo, 15, 2.ª dcha.  
24001 LEÓN

Tel.: 987 230 041

Móvil: 605 034 100 y 691205430 / 34

e-mail: info@almom.es

### ASAMMA

C/ Jaboneros, 11, bajo  
29009 MÁLAGA

Tel.: 952 256 951

Móvil: 659 885 480

e-mail: info@asamma.org / asociacionasamma@gmail.com

### Asociación Antequera con las Mujeres Mastectomizadas / AAMM

C/ Calle Encarnación, 10  
29200 ANTEQUERA (Málaga)

Móvil: 653 771 695

e-mail: aammantequera@hotmail.com

www.facebook.com/mastectomizadasantequera

### ALBA

C/ Carrer Sant Josep, 5, 1.º  
07702 MAHÓN (Menorca)

Tel.: 971 352 156

Móvil: 676 979 110

e-mail: albamenorca@hotmail.com

### AMIGA

C/ Fernández Ardavin, 8, primera escalera, 5.º B  
30001 MURCIA

Tel.: 968 216 668

Móvil: 678 660 457

e-mail: amigamurcia@gmail.com

### SARAY / Asociación Navarra de Cáncer de Mama

C/ Ermitagña, 11, bajo  
31008 PAMPLONA (Navarra)

Tel. y Fax: 948 229 444

e-mail: info@asociacionsaray.com

### ADICAM (Asociación de diagnosticadas de cáncer de mama de Pontevedra)

Casa Da Bola. C/ Valentín Losada, 1, 1.º  
36940 CANGAS DE MORRAZO (Pontevedra)

Tel.: 986 307 158 • Móvil: 629 945 925

e-mail: adicamadcam@gmail.com

### AMATE

Avda. Príncipes de España, Grupo de 148 viviendas, bloque C, local 8  
38010 SANTA CRUZ DE TENERIFE

Tel.: 922 220 564

Móvil: 655 913 215

e-mail: amateasociacion@gmail.com

### AMAMA - Sevilla

Avda. de la Cruz Roja, 38  
41008 SEVILLA

Tel.: 954 540 213 • Móvil: 653 610 471

e-mail: amama@amamasevilla.org

### ACAMBI

C/ General Eguía, 33, 1.º izqda.  
48013 BILBAO (Vizcaya)

Tel.: 944 421 283 • Móvil: 615 769 027 / 648 283 300

e-mail: info@acambibizkaia.org

### AMAC-GEMA

Plaza del Pilar, 14, 3.º centro  
50003 ZARAGOZA

Tel.: 976 297 764

Móvil: 640 294 009

e-mail: amacgema@gmail.com

### AMACMA DB

C/ Juan Piqueras, 1, pta. 1  
46340 REQUENA (Valencia)

Móvil: 649 625 154

e-mail: amacmad8@gmail.com

### MARINADA VNG. CENTRE CÍVIC LA GELTRÚ

Plaça de l'Associació dels Alumnes Obrers, s/n - Centre Cívic La Geltrú  
08800 VILANOVA I LA GELTRÚ (Barcelona)

Tel.: 938 147 406

Móvil: 672 243 984

e-mail: marinadavng@gmail.com

### AUBA / Associació de dones afectades de càncer de mama a Mallorca

Casal de la Dona. C/ Foners, 38, bajos  
07006 PALMA DE MALLORCA

Tel.: 971 775 530

Móvil: 660 613 875 / 636 371 702

e-mail: aubamallorca@hotmail.com

### ASAMMA / Asociación Alavesa de mujeres con cáncer de mama y Ginecológico

C/ Pintor Vicente Abreu, 7, bajo - Oficina 4  
01008 VITORIA-GASTEIZ

Tel.: 945 223 292

e-mail: asammavitoria@gmail.com

### AJICAM (asociación jiennense cáncer de mama)

C/ Sefarad, 20, local (entrada por C/ Dr. García Jiménez)  
23005 JAÉN

Tel.: 953 885 191 • Móvil: 622 432 157

e-mail: ajicamporti@ajicam.org

### Asociación Mujeres con Cáncer Bahía

C/ Orquídea, 6  
11500 PUERTO DE SANTA MARÍA (Cádiz)

Móvil: 620 119 910

e-mail: asociacionmujeresbahia@gmail.com

### Asociación Caudetana de lucha contra el cáncer - AICALUCA

Centro Social Vicente Lillo (antiguo Centro de Salud). C/ José Ruiz Ruiz  
02660 CAUDETE (Albacete)

C/ José Ruiz Ruiz

e-mail: correo@acaluca.org

### A.E.E.O. Asociación Española de Estética Oncológica

C/ Juan Rumeu García, 28, despacho 1G, Edif. Voluntariado  
38008 SANTA CRUZ DE TENERIFE

Móvil: 616 609 850 / 607 934 308

e-mail: eoncologica@gmail.com / aeoo.docente@gmail.com

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FEDERACIÓN ESPAÑOLA DE CÁNCER DE MAMA

**MANIFIESTO**  
**INTERNATIONAL BREAST CANCER DAY 2018**

# MANIFIESTO 2018

## INTERNATIONAL BREAST CANCER DAY



Our Spanish Breast Cancer Federation (Federación Española de Cáncer de Mama, FECMA) and the 45 federated Associations carry out our daily activities throughout the year, but we mark **19th October** as **International Breast Cancer Day**; it represents an opportunity to be more open about our reflections and demands.

We reiterate **our commitment to a publicly managed health system that provides full, personalised, multidisciplinary, and quality attention free of charge and which has a universal character** based on our right to health as persons and as citizens.

We work to maintain confidence in our public health system so as to ensure the continuity of its prestige and to make it sustainable in the future.

Over the last twenty years considerable progress has been made in the treatment of oncologic disease in general and breast cancer in particular. As women and patients we have directly witnessed these advances in the form of more reliable methods of diagnosis, of less aggressive and more efficient therapies, of access to innovative medicines, and of the training of the professionals who look after us.

Any step forward is important, but **the early detection campaigns of certain forms of cancer and the progress in research and innovation have been perhaps the most significant since Spain drew up its first National Cancer Plan 15 years ago.**

The improvements in diagnosis, the survival rates, the concern for long-term survivors, attention in the form of palliative care and psychological support, the insistence on the importance of innovation and research, and the positive evolution of the treatment of breast cancer would not have been possible without the work and the commitment of the health administrations, the professionals, and the associative movement of patients. From the perspective of the latter we must continue to revise, update, assess, and redefine oncology objectives and contents, looking to the future rather than the past.

This is because **the adverse effects on breast cancer patients, the negative consequences of which are essentially felt in the field of professional employment, still remain.**

There is still work to be done if the associative movement of patients, of which our Spanish Breast Cancer Federation (FECMA) is a part, is to be fully recognised as a social partner. This would enable it to take part in a future **State Health Agreement** and to assess the positive effect that this associative movement of patients can have on the design, follow-up, and assessment of health strategies

We must take great care with the action we take against the dissemination of unviable therapeutic proposals or those without scientific evidence; **we must study in greater depth all aspects of oncologic metastasis; pay particular attention to women of childbearing age diagnosed with breast cancer; improve social and labour attention;** coordinate more effectively and efficiently the initiatives and plans promoted and developed by the Autonomous Regions; and continue to promote research and innovation and spread the results and if appropriate apply them to the whole welfare network.

The progress in research; the contributions of genomics: individualised precision medicine; and new biological, computer, and epidemiological players... all this means that greater collaboration and improved coordination between the health administrations and the various hospitals of our welfare network is necessary. All these advances and changes will need new organisational models and in some cases changes in the legislation, together with guidance as to the contents of strategic decisions for the next decade.

We urge all players involved to work loyally and in a coordinated manner so as to face resolutely possible increases in oncologic drugs. In the same way we call for a coordinated effort of collaboration from us all, including the industry, in order to introduce advances in innovation and technology in a flexible manner on the whole of the welfare network.

All available data and opinions indicate **that we have a good national health service** that is highly valued by patients, **but it has to be a model capable of absorbing and managing social changes** (the chronic nature of certain oncologic pathologies with long-term survivors), **progress in welfare and therapy, the contributions of research and innovation, and also patients' new social and health needs.**

We again declare **the need for homogeneous**, structured, and updated cancer population registers that allow us to get to know the situation of new cases and deaths, the ages of the people diagnosed, and the cases of metastatic cancer or of women of childbearing age diagnosed with cancer.

With these tumour registers we would have a more precise picture of the occurrence of this disease in our population. Today the cover of cancer population registers in Spain is barely 17%, which means that there is much room for improvement.

**Our final objective is none other than that of collaborating so as to prevent and cure all forms of cancer and to avoid scenarios tinged with solitude, fear, and silence.**

We women breast cancer patients know that we have not come to the end of the road; we have a long way to go to beat cancer. As long as this disease continues to exist we women will share caring pink ribbons with many other people and say **«we will not stop»** in a reflection of our demands that remains current.